McDonald’s USA
Happy Meal Product Nutrition Facts Panels
July 2022
Hamburger

Food Group Serving: 1 meat

4pc. and 6 pc. Chicken McNuggets

Food Group Serving – 4pc Chicken McNuggets: 1 meat

Food Group Serving – 6pc Chicken McNuggets: 1.5 meat
Kids Fry

Nutrition Facts

1 servings per container
Serving size (38g)
Amount per serving
Calories 110

Food Group Serving: N/A

Ingredients: Potatoes, Vegetable Oil (Canola Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean Oil, Natural Beef Flavor [Wheat and Milk Derivatives*]), Dextrose, Sodium Acid Pyrophosphate (Maintain Color), Salt. *Natural beef flavor contains hydrolyzed wheat and hydrolyzed milk as starting ingredients CONTAINS: WHEAT, MILK. Cooked in the same fryer that we use for Donut Sticks which contain a wheat and milk allergen.

Apple Slices

Nutrition Facts

1 servings per container
Serving size (34g)
Amount per serving
Calories 15

Food Group Serving: 0.5 fruit

Ingredients: Apples, Calcium Ascorbate (a blend of Calcium and Vitamin C to maintain freshness and color).
1% Low Fat Plain Milk

Ingredients: Low Fat Milk, Vitamin A Palmitate, Vitamin D3.

CONTAINS: MILK

**Food Group Serving:** 1 dairy
Reduced Sugar Low Fat Chocolate Milk

Ingredients: Low Fat Milk, Skim Milk, Liquid Sugar (Sugar, Water), Less than 2% of Cocoa, Corn Starch, Carrageenan, Natural Flavor, Monk Fruit Extract*, Vitamin A Palmitate, Vitamin D3.

*Ingredient not in regular milk.

CONTAINS: MILK

Food Group Serving: 1 dairy
Ingredients: Filtered Water, Organic Juice from Concentrate, Natural Flavors, Vitamin C (Ascorbic Acid), Organic Natural Flavors, Citric Acid (Provides Tartness).

Food Group Serving: 0.5 fruit