

Kraft Heinz NFPs - July 2023

Beverages:

Exempt – *Kool-Aid*® Jammers Zero Sugar: all flavors

FILTERED WATER, CITRIC ACID, ASCORBIC ACID (VITAMIN C), SUCRALOSE, NATURAL AND ARTIFICIAL FLAVOR, ACESULFAME POTASSIUM, CALCIUM DISODIUM EDTA (TO PRESERVE FRESHNESS), BLUE 1.

Nutrition Facts

servings per container

Serving size **2 Pouches (354mL)**

	Per serving	Per 1 Pouch
Calories	0	0
	% DV*	% DV*
Total Fat	0g 0%	0g 0%
Saturated Fat	0g 0%	0g 0%
Trans Fat	0g	0g
Cholesterol	0mg 0%	0mg 0%
Sodium	30mg 1%	15mg 1%
Total Carbohydrate	less than 1g 0%	0g 0%
Dietary Fiber	0g 0%	0g 0%
Total Sugars	0g	0g
Includes Added Sugars	0g 0%	0g 0%
Protein	0g	0g
Vitamin D	0mcg 0%	0mcg 0%
Calcium	0mg 0%	0mg 0%
Iron	0mg 0%	0mg 0%
Potassium	0mg 0%	0mg 0%
Vitamin C	120%	60%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

(all flavors have similar ingredient line and nutrition)

Exempt – *Capri Sun*® Flavored Juice Drink

Mountain Cooler

Ingredients: Filtered water, sugar, apple juice concentrate, monk fruit concentrate, citric acid, natural flavor, mushroom extract (to protect quality).

Nutrition Facts	
10 servings per container	
Serving size 1 Pouch (177mL)	
Amount per serving	
Calories	30
% DV*	
Total Fat 0g	0%
Sodium 15mg	1%
Total Carbohydrate 7g	3%
Total Sugars 7g	
Includes 5g Added Sugars	
10%	
Protein 0g	
Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, iron and potassium.	
*% DV = % Daily Value	

Splash Cooler

Ingredients: Filtered water, sugar, apple juice and grape juice concentrates, monk fruit concentrate, citric acid, strawberry juice concentrate, natural flavor, mushroom extract (to protect quality).

Nutrition Facts	
10 servings per container	
Serving size 1 Pouch (177mL)	
Amount per serving	
Calories	30
% DV*	
Total Fat 0g	0%
Sodium 15mg	1%
Total Carbohydrate 7g	3%
Total Sugars 7g	
Includes 5g Added Sugars	
10%	
Protein 0g	
Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, iron and potassium.	
*% DV = % Daily Value	

Wild Cherry

Ingredients: Filtered water, sugar, pear and cherry juice concentrates, monk fruit concentrate, citric acid, grape and apple juice concentrates, natural flavor, mushroom extract (to protect quality).

Nutrition Facts	
10 servings per container	
Serving size 1 Pouch (177mL)	
Amount per serving	
Calories	35
% DV*	
Total Fat 0g	0%
Sodium 15mg	1%
Total Carbohydrate 8g	3%
Total Sugars 7g	
Includes 5g Added Sugars	
10%	
Protein 0g	
Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, iron and potassium.	
*% DV = % Daily Value	

Pacific Cooler

Ingredients: Filtered water, sugar, pear, grape, and orange juice concentrates, monk fruit concentrate, citric acid, pineapple and apple juice concentrates, natural flavor, mushroom extract (to protect quality).

Nutrition Facts	
10 servings per container	
Serving size 1 Pouch (177mL)	
Amount per serving	
Calories	35
% DV*	
Total Fat 0g	0%
Sodium 15mg	1%
Total Carbohydrate 9g	3%
Total Sugars 8g	
Includes 5g Added Sugars	
10%	
Protein 0g	
Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, iron and potassium.	
*% DV = % Daily Value	

Strawberry Kiwi

Ingredients: Filtered water, sugar, pear and strawberry juice concentrates, monk fruit concentrate, citric acid, apple juice concentrate, natural flavor, mushroom extract (to protect quality).

Contains 10% Juice	
Nutrition Facts	
10 servings per container	
Serving size 1 Pouch (177mL)	
Amount per serving	
Calories	30
% DV*	
Total Fat 0g	0%
Sodium 15mg	1%
Total Carbohydrate 7g	3%
Total Sugars 7g	
Includes 5g Added Sugars	10%
Protein 0g	
Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, iron and potassium.	
*% DV = % Daily Value	

Dragon Fruit Punch

Ingredients: Filtered water, sugar, pear and grape juice concentrates, citric acid, monk fruit concentrate, apple and pineapple juice concentrates, natural flavor, mushroom extract (to protect quality).

Contains 11% Juice	
Nutrition Facts	
10 servings per container	
Serving size 1 Pouch (177mL)	
Amount per serving	
Calories	35
% DV*	
Total Fat 0g	0%
Sodium 15mg	1%
Total Carbohydrate 8g	3%
Total Sugars 7g	
Includes 5g Added Sugars	10%
Protein 0g	
Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, iron and potassium.	
*% DV = % Daily Value	

Passionfruit Mango

Ingredients: Filtered water, sugar, apple and pear juice concentrates, monk fruit concentrate, citric acid, mango juice concentrate, natural flavor, mushroom extract (to protect quality).

Contains 12% Juice	
Nutrition Facts	
10 servings per container	
Serving size 1 Pouch (177mL)	
Amount per serving	
Calories	35
% DV*	
Total Fat 0g	0%
Sodium 15mg	1%
Total Carbohydrate 8g	3%
Total Sugars 8g	
Includes 5g Added Sugars	
	10%
Protein 0g	
Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, iron and potassium.	
*% DV = % Daily Value	

Fruit Punch

Ingredients: Filtered water, sugar, pear, grape, and orange juice concentrates, monk fruit concentrate, citric acid, apple and pineapple juice concentrates, natural flavor, mushroom extract (to protect quality).

Contains 15% Juice	
Nutrition Facts	
10 servings per container	
Serving size 1 Pouch (177mL)	
Amount per serving	
Calories	35
% DV*	
Total Fat 0g	0%
Sodium 15mg	1%
Total Carbohydrate 9g	3%
Total Sugars 8g	
Includes 5g Added Sugars	
	10%
Protein 0g	
Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, iron and potassium.	
*% DV = % Daily Value	

Tropical Punch

Ingredients: Filtered water, sugar, apple juice concentrate, monk fruit concentrate, citric acid, pineapple and cherry juice concentrates, natural flavor, mushroom extract

Nutrition Facts	
10 servings per container	
Serving size 1 Pouch (177mL)	
Amount per serving	
Calories	35
% DV*	
Total Fat 0g	0%
Sodium 15mg	1%
Total Carbohydrate 8g	3%
Total Sugars 8g	
Includes 5g Added Sugars	
	10%
Protein 0g	
Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, iron and potassium.	
*% DV = % Daily Value	

Juices – Capri Sun® 100% Juice:

Food group equivalents: 100% fruit juice, all products contain <6 fl. oz. juice

Apple: APPLE JUICE FROM CONCENTRATE (FILTERED WATER, APPLE JUICE CONCENTRATE), CITRIC ACID (FOR TARTNESS), NATURAL FLAVOR.

Nutrition Facts	
servings per container	
Serving size	1 Pouch (177mL)
Amount per serving	
Calories	80
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	% DV*
Total Fat 0g	0%
Sodium 25mg	1%
Total Carbohydrate 20g	7%
Total Sugars 20g	
Includes 0g Added Sugars	0%
Protein 0g	
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Iron 0.5mg	2%
Potassium 190mg	4%
Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D and calcium.	
*DV = %Daily Value	

Fruit Punch: APPLE, GRAPE, AND CHERRY JUICES FROM CONCENTRATE (FILTERED WATER; APPLE, GRAPE, AND CHERRY JUICE CONCENTRATES), CITRIC ACID (FOR TARTNESS), NATURAL FLAVOR

Nutrition Facts	
Serving size	1 Pouch
Amount per serving	
Calories	90
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	% DV*
Total Fat 0g	0%
Sodium 25mg	1%
Total Carbohydrate 21g	7%
Total Sugars 20g	
Includes 0g Added Sugars	0%
Protein 0g	
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Iron 0.5mg	2%
Potassium 190mg	4%
Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D and calcium.	
*DV = %Daily Value	

Berry: APPLE, GRAPE, AND STRAWBERRY JUICES FROM CONCENTRATE (FILTERED WATER; APPLE, GRAPE, AND STRAWBERRY JUICE CONCENTRATES), CITRIC ACID (FOR TARTNESS), NATURAL FLAVOR.

Nutrition Facts	
servings per container	
Serving size	1 Pouch (177mL)
Amount per serving	
Calories	90
% DV*	
Total Fat 0g	0%
Sodium 25mg	1%
Total Carbohydrate 21g	0%
Total Sugars 20g	
Includes 0g Added Sugars	0%
Protein 0g	
Iron 0.5mg	2%
Potassium 170mg	4%
Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D and calcium.	
%DV = %Daily Value	

Mango-Pineapple: PEAR, APPLE, ORANGE, PINEAPPLE AND MANGO JUICES FROM CONCENTRATE (FILTERED WATER; PEAR, APPLE, ORANGE, PINEAPPLE AND MANGO JUICE CONCENTRATES), CITRIC ACID (FOR TARTNESS), NATURAL FLAVOR.

Nutrition Facts

servings per container

Serving size **1 Pouch**
(177mL)

Amount per serving

Calories **90**

% DV*

Total Fat 0g **0%**

Sodium 20mg **1%**

Total Carbohydrate 23g **8%**

Total Sugars 18g

Includes 0g Added Sugars **0%**

Protein 0g

Iron 0.7mg **4%**

Potassium 220mg **4%**

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D and calcium.

%DV = %Daily Value

Watermelon: FILTERED WATER, APPLE JUICE CONCENTRATE, GRAPE JUICE CONCENTRATE, WATERMELON JUICE CONCENTRATE, CITRIC ACID, NATURAL FLAVOR.

Nutrition Facts	
servings per container	
Serving size	1 pouch (177 mL)
Amount per serving	
Calories	90
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 25mg	1%
Total Carbohydrate 22g	8%
Dietary Fiber 0g	0%
Total Sugars 19g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1.1mg	6%
Potassium 150mg	4%
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Mixed Dishes:

Kraft® Mac & Cheese Microwavable Cups, Shapes

ENRICHED PASTA PRODUCT (ENRICHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, IRON (FERROUS SULFATE), THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHOLE WHEAT FLOUR, GLYCEROL MONOSTEARATE); CHEESE SAUCE MIX (WHEY, CORN SYRUP SOLIDS, MILK, PALM OIL, MILK PROTEIN CONCENTRATE, MODIFIED FOOD STARCH, MILKFAT, SALT, MALTODEXTRIN, CONTAINS LESS THAN 2% OF CALCIUM CARBONATE, SODIUM TRIPHOSPHATE, MEDIUM CHAIN TRIGLYCERIDES, DRIED BUTTERMILK, CITRIC ACID, SODIUM PHOSPHATE, CREAM, LACTIC ACID, CALCIUM PHOSPHATE, NONFAT DRY MILK, GUAR GUM, CHEESE CULTURE, WITH PAPRIKA, TURMERIC, AND ANNATTO ADDED FOR COLOR, ENZYMES, NATURAL FLAVOR, XANTHAN GUM); MODIFIED FOOD STARCH, MALTODEXTRIN, ACETYLATED MONOGLYCERIDES, SALT, MEDIUM CHAIN TRIGLYCERIDES.

Nutrition Facts		Amount/serving	% Daily Value	Amount/serving	% Daily Value
servings per container		Total Fat 3.5g	5%	Total Carb. 37g	14%
Serving size		Sat Fat 2g	11%	Fiber 1g	4%
1 Package (55g)		Trans Fat 0g		Total Sugars 5g	
Calories		Cholest 5mg	2%	Includes 0g Added Sugars	0%
per serving		Sodium 510mg	22%	Protein 6g	
210		Vit D 0mcg 0% - Calcium 170mg 15% - Iron 2mg 10% - Potas 210mg 4%			

Kraft® Mac & Cheese Box Shapes

PASTA (ENRICHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, FERROUS SULFATE (IRON), THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID], WHOLE WHEAT FLOUR), CHEESE SAUCE MIX (WHEY, MILKFAT, MILK PROTEIN CONCENTRATE, SALT, CALCIUM CARBONATE, SODIUM TRIPHOSPHATE, POTASSIUM CHLORIDE, CITRIC ACID, SODIUM PHOSPHATE, LACTIC ACID, NATURAL FLAVOR, MILK, WITH PAPRIKA, ANNATTO, AND TURMERIC ADDED FOR COLOR, ENZYMES, CHEESE CULTURE, SODIUM CASEINATE).

Nutrition Facts			
Servings		2.5oz (70g/ about 1/2 Box)	
Serving size		(Makes about 1 cup)	
	As packaged	Per 1 cup prepared*	
Calories	250	280	
	% DV**	% DV**	
Total Fat	2g 2%	4.5g	6%
Sat Fat	0.5g 4%	2.5g	12%
Trans Fat	0g	0g	
Cholest	5mg 2%	15mg	4%
Sodium	480mg 21%	490mg	21%
Total Carb.	49g 18%	50g	18%
Fiber	2g 7%	2g	7%
Total Sugars	7g	9g	
Incl. Added Sugars	0g 0%	0g	0%
Protein	9g	10g	
Vit D	0mcg 0%	0mcg	0%
Calcium	230mg 15%	250mg	20%
Iron	2.7mg 15%	2.7mg	15%
Potas	520mg 10%	550mg	10%

*As prepared using salt free butter and fat free milk.
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Small Meals:

Nutrient Components to Encourage: Meets per $\frac{3}{4}$ cup fruit juice in Capri Sun 100% juice.
Calcium 10% DV, Iron 20% DV, Potassium 15% DV

***Lunchables*® Chicken Popper Kabbobbles with Capri Sun® 100% Juice**

FRUIT PUNCH FLAVORED 100% JUICE BLEND FROM CONCENTRATE WITH ADDED INGREDIENT AND OTHER NATURAL FLAVOR (APPLE, GRAPE, AND CHERRY JUICES FROM CONCENTRATE [WATER; APPLE, GRAPE, AND CHERRY JUICE CONCENTRATES], CITRIC ACID [FOR TARTNESS], NATURAL FLAVOR);

FULLY COOKED BREADED POPCORN SHAPED CHICKEN PATTIES (POPCORN SHAPED CHICKEN PATTIES [WHITE CHICKEN, WATER, POTASSIUM LACTATE, MODIFIED CORN STARCH, CONTAINS LESS THAN 2% OF SALT, POTASSIUM CHLORIDE, DEXTROSE, SODIUM PHOSPHATES, CARRAGEENAN, SODIUM DIACETATE, LEMON JUICE SOLIDS, FLAVOR], BREADING [WHEAT FLOUR, DEXTROSE, YELLOW CORN FLOUR, MODIFIED CORN STARCH, WHEAT GLUTEN, EGG WHITES, WHEY (FROM MILK), SPICES, CARAMEL COLOR, SALT, PAPRIKA (COLOR), ONION POWDER, EXTRACTIVE OF PAPRIKA, CELERY SEED EXTRACT], BATTER [BLEACHED WHEAT FLOUR, FOOD STARCH-MODIFIED, YELLOW CORN FLOUR, DEXTROSE, FLAVOR, GARLIC POWDER, EXTRACTIVES OF PAPRIKA, MONOSODIUM GLUTAMATE, CARAMEL COLOR], SEASONING BLEND [ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED BLEACHED WHEAT FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA DEXTRIN, MODIFIED CORN STARCH, SALT, GARLIC POWDER, ONION POWDER, SOYBEAN OIL (AS A PROCESSING AID), SPICES, SPICE EXTRACTIVE, EXTRACTIVES OF CELERY SEED], BROWNED IN SOYBEAN OIL), CONTAINS: WHEAT, EGG, MILK;

AMERICAN PASTEURIZED PREPARED CHEESE PRODUCT (MILK, WATER, MILK PROTEIN CONCENTRATE, MILKFAT, WHEY PROTEIN CONCENTRATE, SODIUM CITRATE, WHEY, SALT, LACTIC ACID, SORBIC ACID, CHEESE CULTURE, ENZYMES, OLEORESIN PAPRIKA [COLOR], ANNATTO EXTRACT [COLOR], WITH SUNFLOWER LECITHIN ADDED FOR SLICE SEPARATION), CONTAINS: MILK;

PRETZEL STICKS (ENRICHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], SALT, CONTAINS LESS THAN 2% OF CORN SYRUP, HIGH OLEIC CANOLA OIL AND/OR SOYBEAN OIL, BARLEY MALT EXTRACT, LEAVENING [YEAST, SODIUM BICARBONATE AND/OR AMMONIUM BICARBONATE]), CONTAINS: WHEAT;

CHOCOLATE CHIP COOKIE (UNBLEACHED ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SUGAR, SOYBEAN AND/OR CANOLA OIL, PALM AND/OR PALM KERNEL OIL, COCOA PROCESSED WITH ALKALI, HIGH FRUCTOSE CORN SYRUP, DEXTROSE, SALT, SOY LECITHIN, BAKING SODA, SKIM MILK, CARAMEL COLOR, ARTIFICIAL AND NATURAL FLAVOR, MILK), CONTAINS: WHEAT, SOY, MILK.

Nutrition Facts	
Serving size 1 package	
Amount per serving	
Calories	350
	% Daily Value*
Total Fat 12g	15%
Saturated Fat 4g	21%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 560mg	24%
Total Carbohydrate 49g	18%
Dietary Fiber less than 1g	3%
Total Sugars 24g	
Includes 4g Added Sugars	7%
Protein 13g	26%
Vitamin D 0mcg	0%
Calcium 110mg	8%
Iron 1.2mg	6%
Potassium 900mg	20%

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Lunchables® Ham & Cheddar Cracker Stacker with Capri Sun® 100% Juice

FRUIT PUNCH FLAVORED 100% JUICE BLEND FROM CONCENTRATE WITH ADDED INGREDIENT AND OTHER NATURAL FLAVOR (APPLE, GRAPE, AND CHERRY JUICES FROM CONCENTRATE [FILTERED WATER, APPLE, GRAPE, AND CHERRY JUICE CONCENTRATES], CITRIC ACID [FOR TARTNESS], NATURAL FLAVOR);

GUMMY WORMS (CORN SYRUP, SUGAR, WATER, GELATIN, CITRIC ACID, PECTIN [DERIVED FROM FRUIT], NATURAL AND ARTIFICIAL FLAVORS, VEGETABLE OIL [COCONUT AND CANOLA] AND CARNAUBA LEAF WAX [TO PREVENT STICKING], FD&C RED #40, YELLOW #5, YELLOW #6, BLUE #1);

COOKED HAM - WATER ADDED - CHOPPED AND FORMED - SMOKE FLAVOR ADDED (HAM, WATER, CONTAINS LESS THAN 2% OF SODIUM LACTATE, POTASSIUM CHLORIDE, MODIFIED CORNSTARCH, SUGAR, SODIUM PHOSPHATES, SALT, SODIUM DIACETATE, SODIUM ASCORBATE, FLAVOR, SODIUM NITRITE, SMOKE FLAVOR);

CHEDDAR PASTEURIZED PREPARED CHEESE PRODUCT (MILK, WATER, MILK PROTEIN CONCENTRATE, MILKFAT, WHEY, WHEY PROTEIN CONCENTRATE, SODIUM CITRATE, SALT, LACTIC ACID, SORBIC ACID AS A PRESERVATIVE, CHEESE CULTURE, ENZYMES, OLEORESIN PAPRIKA [COLOR], ANNATTO [COLOR], WITH SUNFLOWER LECITHIN ADDED FOR SLICE SEPARATION), CONTAINS: MILK;

CRACKERS (ORGANIC ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], ORGANIC SAFFLOWER OIL, ORGANIC EVAPORATED CANE SUGAR, ORGANIC BROWN RICE SYRUP, SALT, BAKING SODA, MONOCALCIUM PHOSPHATE, AMMONIUM BICARBONATE, ORGANIC SOY LECITHIN, ENZYMES), CONTAINS: WHEAT, SOY.

Nutrition Facts

Serving size 1 package

Amount per serving

Calories 320

% Daily Value*

Total Fat 9g 11%

Saturated Fat 3.5g 17%

Trans Fat 0g

Cholesterol 30mg 9%

Sodium 570mg 25%

Total Carbohydrate 50g 18%

Dietary Fiber <1g 2%

Total Sugars 32g

Includes 13g Added Sugars 26%

Protein 9g 15%

Vitamin D 0mcg 0%

Calcium 140mg 10%

Iron 1.4mg 8%

Potassium 400mg 8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.